



# Cybersecurity for Nonprofits

May 2026

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# Aflac Social Engineering Attack



## **Help-Desk Staff Targeted**

Attackers impersonated support teams to trick Aflac's help-desk staff, leading to unauthorized access.

## **Rapid Breach Containment**

Aflac detected and contained the breach within hours, minimizing potential impact and further exposure.

## **Personal Data Exposure**

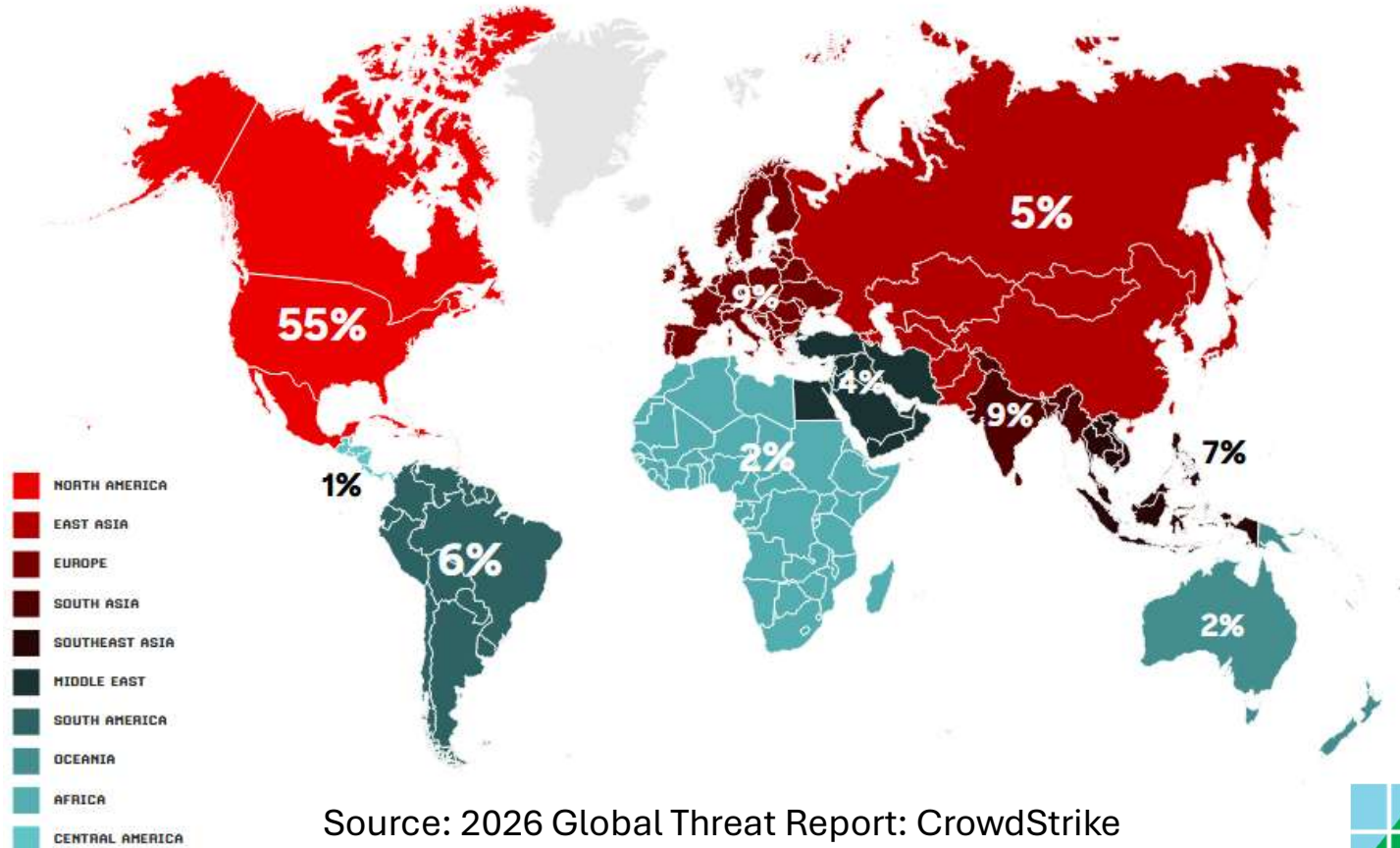
The attack exposed personal and health information of about 22.65 million people, including Social Security numbers.

## **Aftermath and Support**

Aflac provided credit monitoring and faced regulatory scrutiny, although ransomware was not involved in the incident.

# Trends

## Interactive Intrusions by Region




Source: 2026 Global Threat Report: CrowdStrike

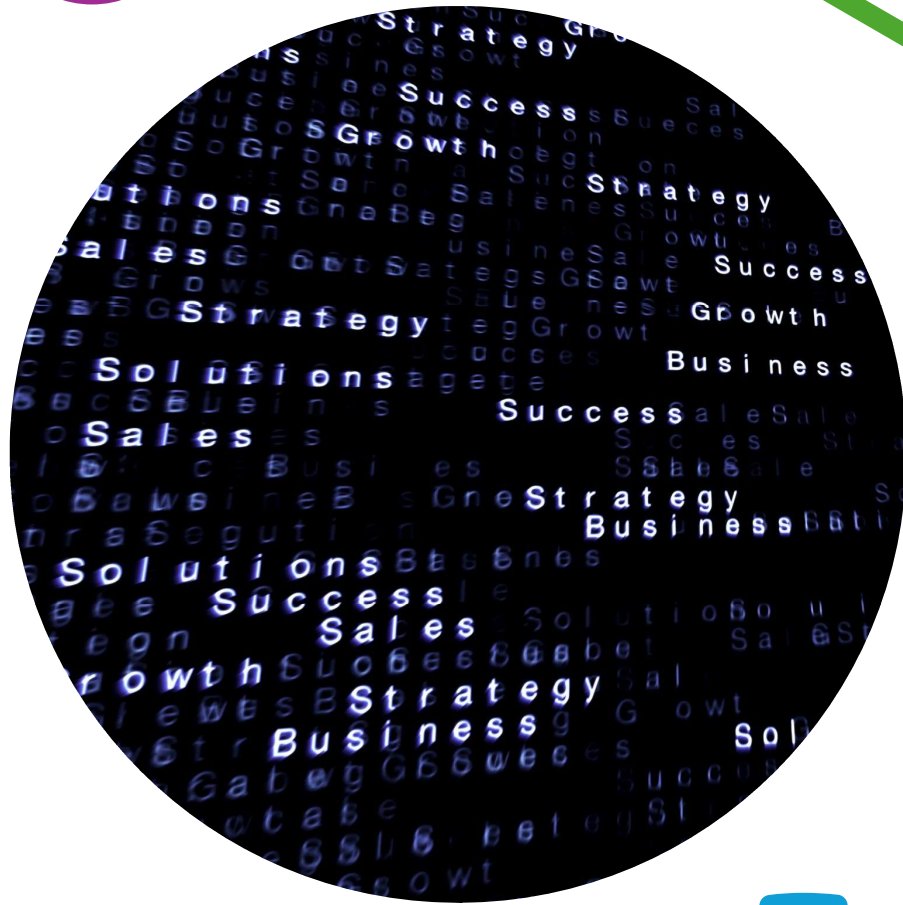


## Agenda

- Today's Top Threats
  - Business E-mail Compromise (BEC)
  - Ransomware
  - Social Engineering
  - Generative AI Scams
  - 3<sup>rd</sup> Party Risk
- Regulation
- Future Threats
- Quiz



# Social Engineering



# Understanding Social Engineering

## **Manipulation for Information**

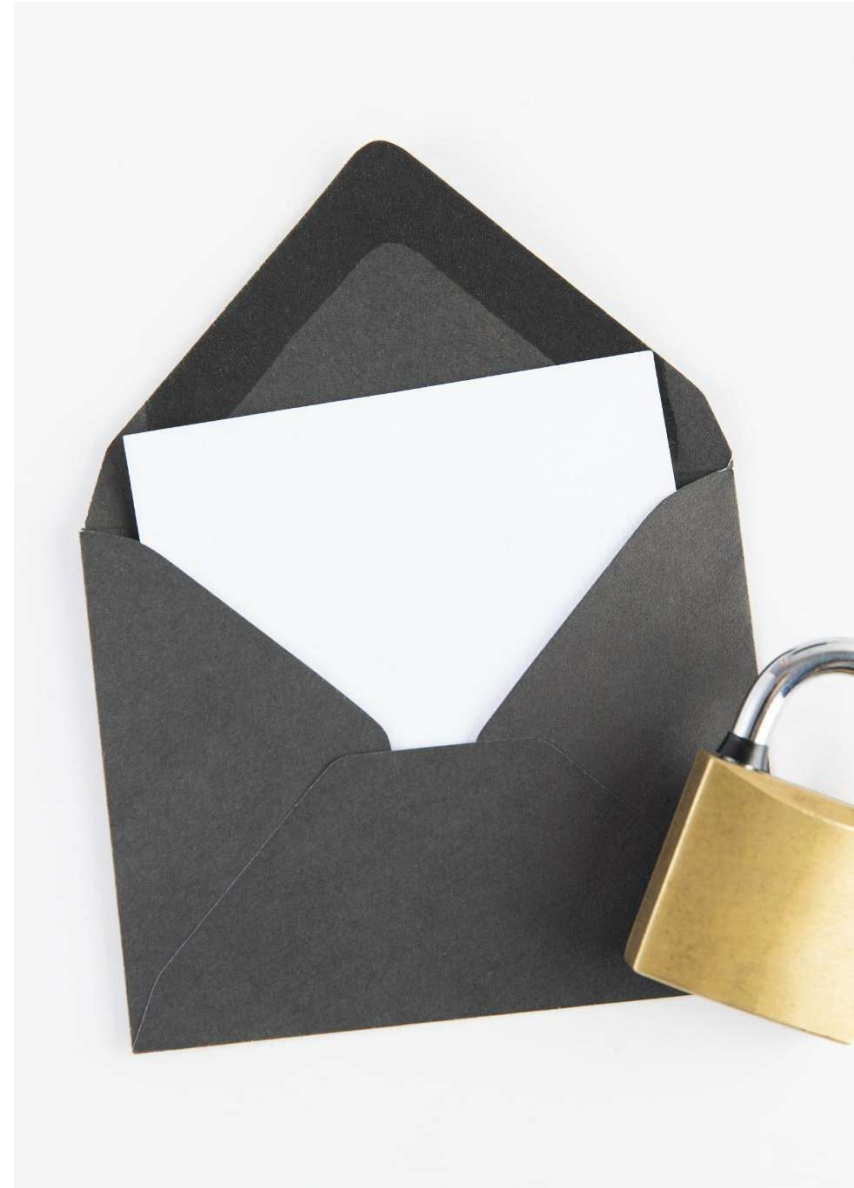
Social engineering relies on manipulating people to gain access to confidential information or systems. It targets human behavior rather than technical flaws.

## **Psychological Tactics Used**

Attackers use methods like impersonation, phishing, and pretexting to trick individuals into revealing sensitive data or credentials.

## **Importance of Awareness**

Training and awareness are crucial for recognizing and preventing social engineering threats in both personal and organizational environments.



# Social Engineering: Phishing



# Social Engineering Prevention



TRAINING



MULTI-FACTOR  
AUTHENTICATION (MFA)



POLICIES



# Business E-mail Compromise (BEC)

# Business E-mail Compromise



# BEC Prevention

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TRAINING



MULTI-FACTOR  
AUTHENTICATION



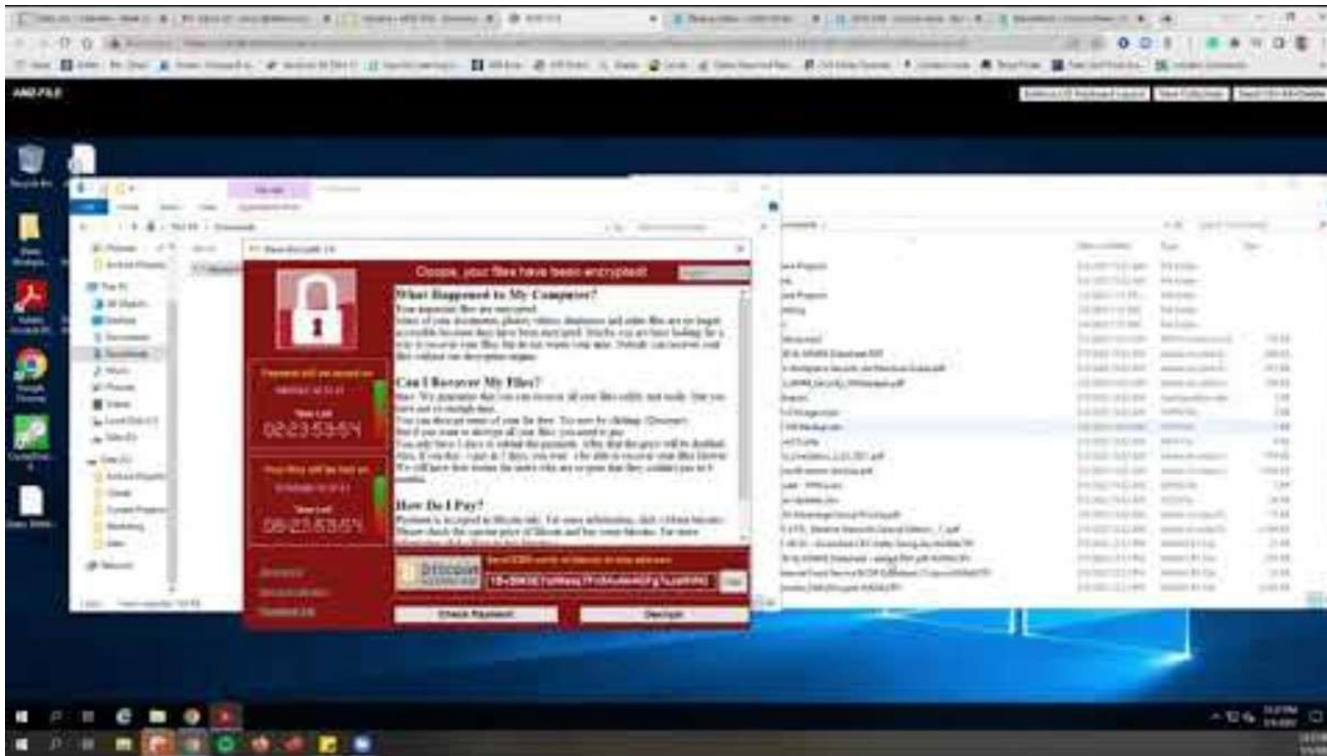
MONITORING  
(EXTERNAL VS.  
INTERNAL)



VENDOR  
MANAGEMENT

# Ransomware

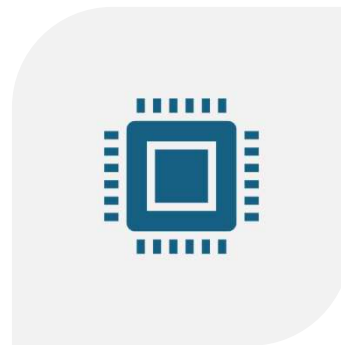
# Ransomware



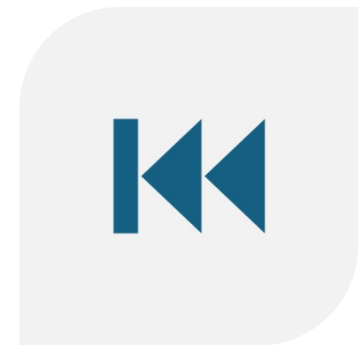
# Ransomware Prevention



TRAINING



ENDPOINT PROTECTION  
SYSTEMS (PATCHES, ANTI-VIRUS,  
ETC)



BACK-UPS

# Generative AI Scams



# Generative AI Scams



# Generative AI Scams



# Generative AI Scams



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**Artificial intelligence (AI)** This article is more than 1 year old

## AI can identify passwords by sound of keys being pressed, study suggests

Researchers create system using sound recordings that can work out what is being typed with more than 90% accuracy

**Nicola Davis** *Science correspondent*  
Tue 8 Aug 2023 10.44 EDT

[Share](#)



The researchers say there are a number of ways the risk of such acoustic 'side channel attacks'

# Generative AI Scams Preventions

Training

Web Content  
Management

Policies for Work  
Environment and  
Gateways

Password  
Managers  
coupled with MFA

# 3<sup>rd</sup> Party Risk



# 3<sup>rd</sup> Party Risk



Donor



Nonprofit



# Understanding Vendor Risks

## Trusted Vendors Have More Access

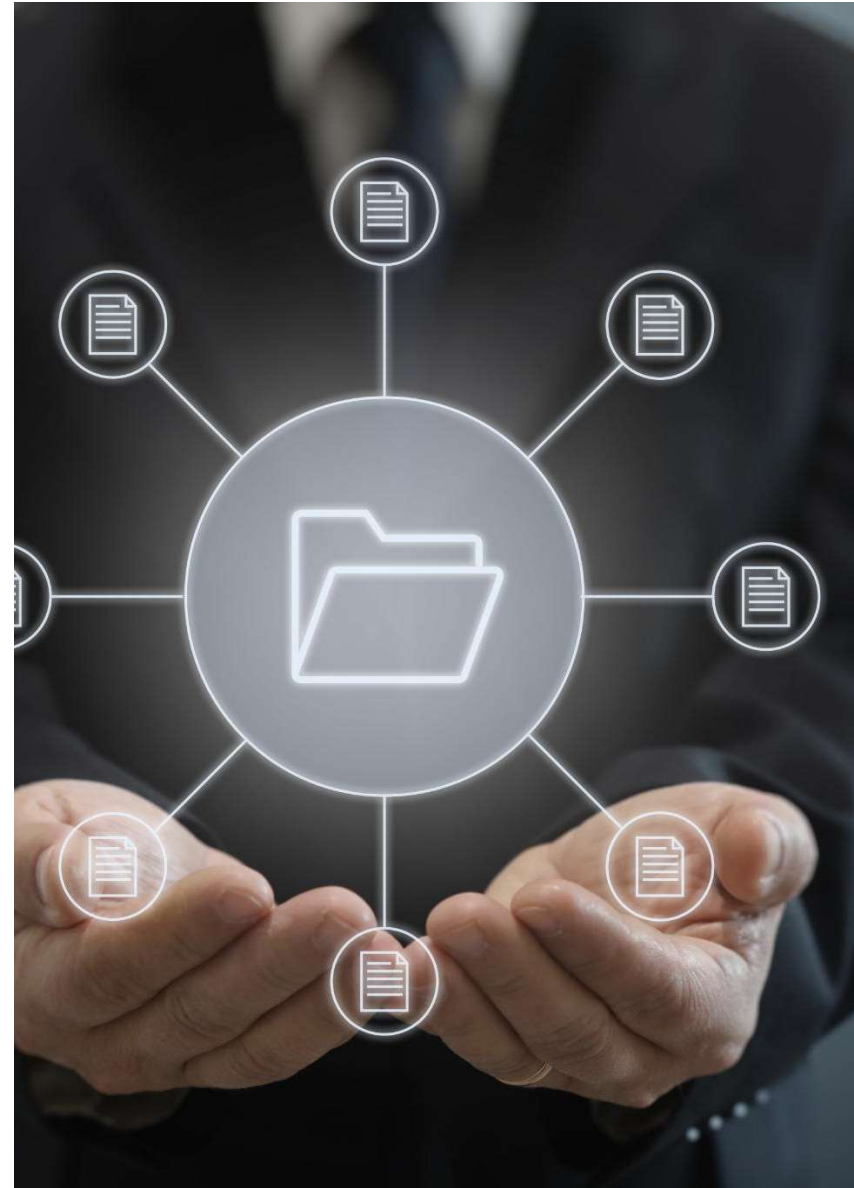
Vendor employees or systems are already “trusted” and, if compromised, have higher levels of access or are more likely to succeed with phishing attacks.

## Cybersecurity Threats

Sensitive data can be exposed or compromised through third-party vendors

## Operational Disruptions

Vendor process failures may disrupt business continuity, impacting operations and causing delays or losses.



# 3<sup>rd</sup> Party Risk Prevention





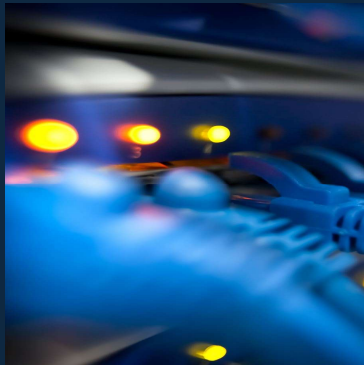
# Other Noteworthy Threats

# Other Risks



## Legacy Technology Vulnerabilities

Outdated software and unsupported hardware increase risk of cyberattacks, making IT environments susceptible to exploitation.



## Shadow IT Threats

Unauthorized applications and devices bypass security protocols, creating unseen risks and undermining IT defenses.



# Preventing Legacy Tech & Shadow IT Risks

## **Decommission Legacy Systems**

Regular updates and decommissioning old technology reduce vulnerabilities and strengthen organizational cyber security posture.

## **Control Shadow IT Activities**

Strict IT policies and user education help monitor and control unauthorized technology use, reducing hidden risks.

## **Centralized Security Monitoring**

Employ centralized security systems and access controls to detect unauthorized applications and ensure compliance across all assets.

# Prevention Heatmap

Prevention Technique	BEC	Ransomware	Social Engineering	GenAI Scams	3rd Party Risk
Policies (Security / IT / Acceptable Use)	■	■	■	■	■
Training / Awareness	■	■	■	■	■
Multi-Factor Authentication (MFA), Passkeys	■	■	■	■	■
Vendor Management	■	■	■	■	■
Monitoring (Internal vs External)	■	■	■	■	■
Endpoint Protection (Patching, AV)	■	■	■	■	■
Backups	■	■	■	■	■
Web Content Management	■	■	■	■	■
Annual Information Inventory	■	■	■	■	■

# Other Recommended Controls

# Other Recommended Controls



Policies



Monitoring: automated + manual



Tabletop exercises



Risk Assessments/NIST



Vendor Management

# Essential Organizational Policies



- 1. Acceptable Use Policy**
- 2. Privacy Policy**
- 3. Password Policy**
- 4. Disposal and Destruction Policy**
- 5. Storage and Retention Policy**
- 6. Incident Response Policy**
- 7. Classification Policy**
- 8. Human Resource Policy**
- 9. Change Management Policy  
(include hardening)**
- 10. Firewall Policy**
- 11. AI Governance Policy**



# Regulatory Trends





## Recent Regulatory Change Examples

### **CCPA Expansion** (*Enac. Sep 2025, Eff. Jan 2026*)

California's expanded CPRA/CCPA requires regular cybersecurity risk assessments and documentation accessible to regulators as privacy laws grow stricter.

### **New York's DFS Cyber Rule Updates** (*Enac. Nov 2023, Eff. Nov 2025*)

New York's DFS Cyber Rule will require multi-factor authentication, asset inventories, and annual self-certification starting in 2026.

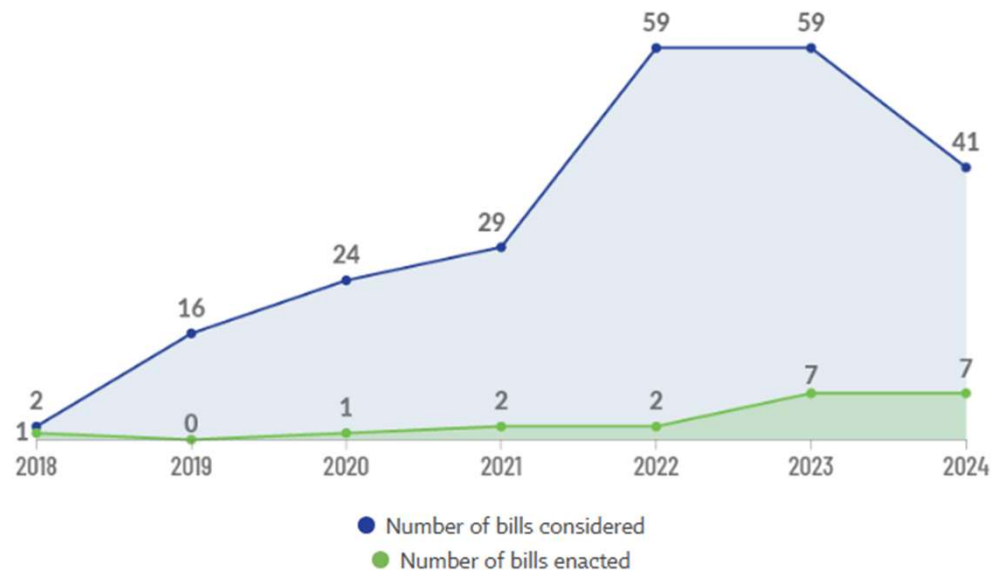
### **Cyber Incident Reporting for Critical Infrastructure Act (CIRCIA)** (*Enac. Mar 2022, Eff. 2026*)

Requires certain critical infrastructure organizations to report significant cyber incidents within 72 hours and ransomware payments within 24 hours to federal authorities.

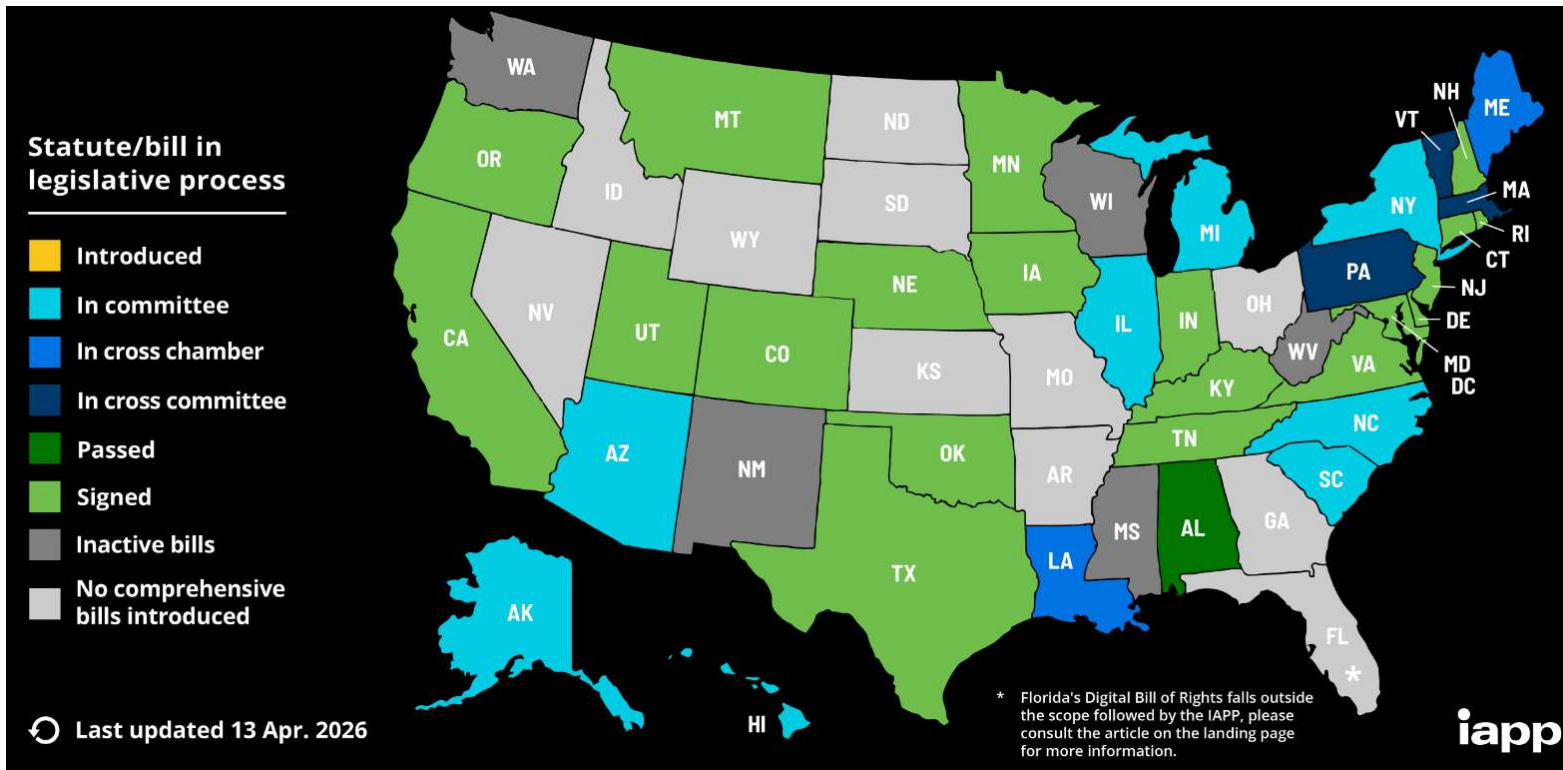
# Privacy Trends

Source: IAPP

The growth of US state privacy legislation



# Privacy Trends





# Common Privacy Legislation Attributes

## Consumer Right

- Access
- Correct
- Delete
- Opt-out or in of certain processing and sales
- Portability
- Automated Decision Making
- Civil Legal Action

## Business Obligations

- Opt-in default
- Notice/transparent Requirement
- Risk Assessments
- Prohibit Discrimination
- Purpose/processing limitation
  - Retention limits
  - Vendor Management



# Future Threats

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# Emerging Threats in IT

## **Quantum Computing Risks**

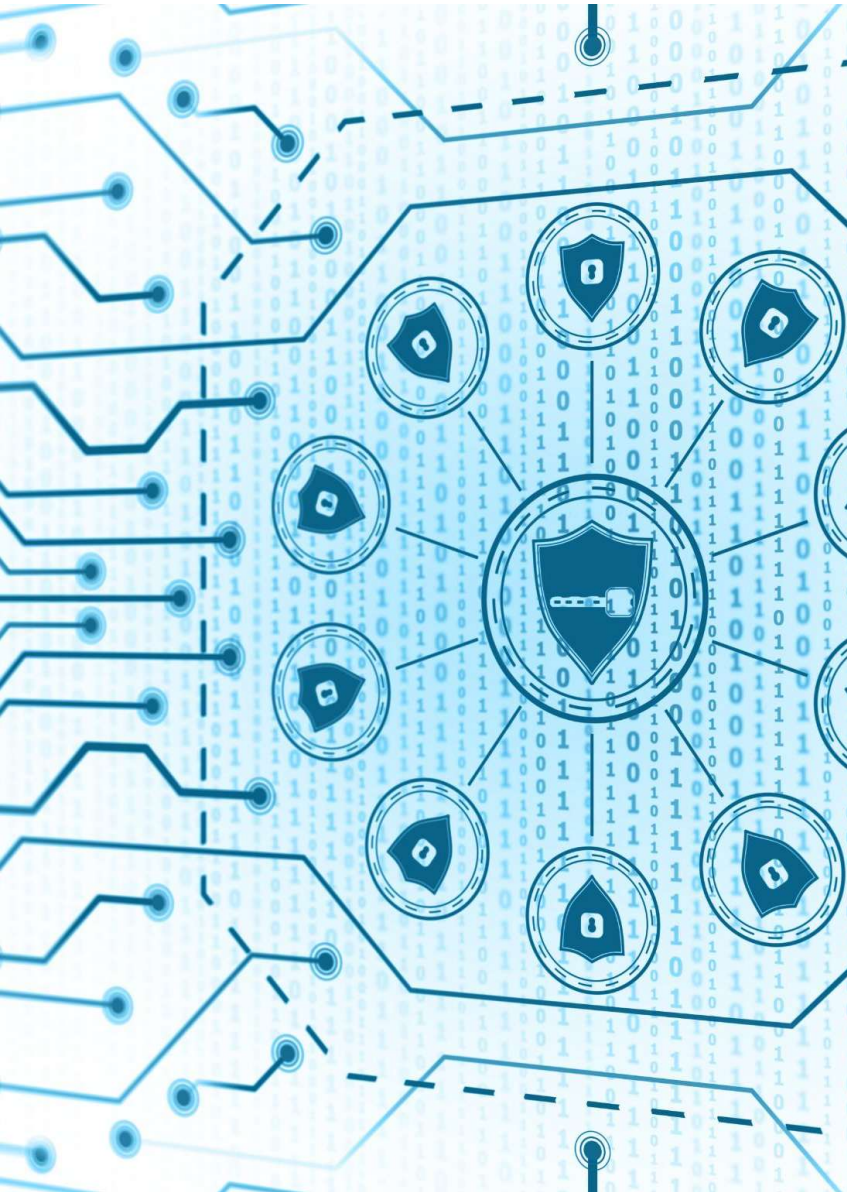
Quantum computers may/will break current encryption standards, increasing the risk of sensitive data being exposed to attackers.

## **AI-Powered Attacks**

Artificial intelligence enables automated, adaptive attacks that can bypass defenses and remain difficult to detect.

## **IoT/Physical Infrastructure Attacks**

Cyber attacks impact physical operations, with the potential to disrupt systems, halt business processes, and create real-world consequences beyond data loss.



# Defending Against Emerging Tech Risks

## **Quantum-Resistant Encryption**

Organizations should implement quantum-resistant encryption algorithms to protect sensitive data from quantum computing threats. Start with a cryptographic inventory, then check vendor implementation roadmaps.

## **Adaptive Security Monitoring**

Continuous monitoring and adaptive security systems help defend against AI-powered cyberattacks and quickly respond to threats.

## **Staff Training and Collaboration**

Regular staff training and collaboration with cybersecurity experts strengthen organizational resilience to emerging technological risks.

## **Operational Resilience Planning**

Develop and test business continuity and incident response plans that account for cyber events impacting physical operations, ensuring critical services can continue during disruptions.

# Review

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- Today's Top Threats
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# Quiz

